



THOUGHTFUL HUMANS  
LEARNING HUB

THINK DEEPLY. ACT WISELY.

# JUNE BINGO

## Reflection: Spiders

Some people love them, some people hate them. Why? What role do they play in the ecosystem?

## Life Skills: House Chores

Help with the laundry, depending on your age and context you could: gather the clothes, put the washing machine on, hang the clothes, fold the clothes, etc.



## Community Awareness

What events are happening in your area over the summer? Do some research and add at least one to the family calendar!

## World Cultures

Choose a country in the world and get a book about it (from the library, perhaps!). Read about the country and share some interesting facts with others.

## STEM Challenge

Create an obstacle course in an area you have permission. Each time you do the course, change something about it.



## Nature Appreciation: Grow Your Own

Do some research on something you could try growing yourself that you could eat later: herbs, vegetables, fruits. Think about your space and time.

## Systems Thinking: Family

Your family is a system. Reflect on how each family member's actions affect other family members. What more can you do to help your family system?

## Executive Functioning: Working Memory

Look at a simple picture for 3 minutes. Turn it over and then try to redraw it without peeking at it again. How close were you to the real image?

## Creativity: Art

Create a mandala using materials from your garden.



## Bingo Basics

**All activities should be done with supervision of a trusted adult to ensure safety of children.**

## **Adapt For You**

Remember these activities should be fun, engaging and safe for your child. Please adapt in ways that match your context and parenting style. My aim is to spark creativity and promote deep thinking. So do what you need to do to make it work for you and your family.

- Recording and reflection can be great additions to these activities: writing, drawing, oral sharing, taking photos, creating a video, etc.
- Bingo can be row, column or the whole board, so choose activities that make sense for your context this month.

**It would be great to see some of the ideas that come up from these activities. Feel free to share:**

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